

OPPORTUNITIES TO EXEMPLIFY

**Mark those you now do with an X and put a check mark on those you will seek to do.
If you need to adjust the wording some to fit what you want to do, that is fine.**

1. I will make a special effort to get to know some who live near me so I will be able to help them when they are ill or have some other need I can fill. _____
2. At a meeting in my business when someone opposes what I think we should do, I will be kind. _____
3. As I drive and someone needs to get into my lane, I will let him/her in. _____
4. At school or work, I will seek out someone who seems to be left out and help him/her to be included. _____
5. When my neighbor is away, I will take care of his/her yard. _____
6. When someone moves into my neighborhood, I will help them unload and to get acquainted. _____
7. When playing sports, I will say something nice to my opponent. _____
8. When someone at work needs extra help, I will stay late or come back on Saturday to help. _____
9. When a student at my school has been away from illness, I will volunteer to help the person catch up. _____
10. When someone in my family wants to watch a TV program that means I have to miss what I want to see, I will be unselfish. _____
11. I will find someone who is a shut-in and visit them regularly. _____
12. I will occasionally visit a rest-home and take my young children with me and we will talk with some of the residents, especially those from the church. _____
13. I will volunteer with a hospital or a benevolence agency to let my light shine to those served and to others who work there. _____
14. As a widow or widower I will regularly plan ways to get with others who share my situation so we can have good times and beneficial times together. _____
15. I will use the benevolence ministry at my church to let my light shine. _____
16. When I learn that a friend will be in the hospital, I will visit. _____
17. I will be alert to take food to a family whose regular cook is ill or has had surgery or is away from home for a period of time. _____
18. I will regularly take a cake or pie to the home of a family who has lost a loved one. _____
19. I will volunteer to help regularly at the school where my children attend such as sponsoring trips or helping those who have fallen behind. _____
20. I will get to know a high school student in my congregation and will spend time with him/her so we can exemplify Christ for each other. _____